



LESSON PLAN *Infant 1*


MONTH: **October**

THEME: **Fall**

	<h2 style="text-align: center;">Goals and Games (Floor Time)</h2>
<ul style="list-style-type: none"> <input type="checkbox"/> Tummy time/practicing looking in opposite directions and holding head there/raising head up while on tummy <input type="checkbox"/> Practice kicking with alternating feet <input type="checkbox"/> Rolling over from back to tummy and tummy to back <input type="checkbox"/> Practice sitting up first in Bumbo chair, then with Boppy, then independently <input type="checkbox"/> Practice pulling to sit from lying down (while holding teacher's hands) <input type="checkbox"/> Practice placing feet on the floor when held upright <input type="checkbox"/> Practice holding bottle independently <input type="checkbox"/> Practice pulling self up to standing 	

	<h2 style="text-align: center;">1 on 1 Play with Teachers</h2>
<ul style="list-style-type: none"> <input type="checkbox"/> Call child's name to promote recognition of name and direction of sound <input type="checkbox"/> Tracking an object/toy <input type="checkbox"/> Singing/talking/feeding <input type="checkbox"/> Holding toys for infant to grab <input type="checkbox"/> Vary facial expression/voice intonation <input type="checkbox"/> Practice recognizing self in mirror <input type="checkbox"/> Encouraging social interactions with peers <input type="checkbox"/> Peek-a-Boo / Pat-a-cake 	

	<h2 style="text-align: center;">Sensory/Science</h2>
<ul style="list-style-type: none"> <input type="checkbox"/> Fall sensory tub <input type="checkbox"/> Orange sand. <input type="checkbox"/> Music class <input type="checkbox"/> Water beads sensory bags. 	

	<h2 style="text-align: center;">Special Projects</h2>
<ul style="list-style-type: none"> <input type="checkbox"/> Hand print tree. <input type="checkbox"/> Painting pumpkins. <input type="checkbox"/> Painting a ghost-white paint. <input type="checkbox"/> Painting with dot paint. 	

<h2 style="text-align: center;">Cognitive, Language & Literacy</h2>	<h2 style="text-align: center;">Physical development (Gross motor & Fine motor skills)</h2>
<ul style="list-style-type: none"> <input type="checkbox"/> Outside walk: talk to the child about falling leaves; pick up some leaves with them. <input type="checkbox"/> Reading: "Mouse's first fall" and "it is fall" 	<ul style="list-style-type: none"> <input type="checkbox"/> Ball-pit w/ colors balls <input type="checkbox"/> Playing in the Gym <input type="checkbox"/> Make her/him reach game. <input type="checkbox"/> Crawling on Bubble wrap.